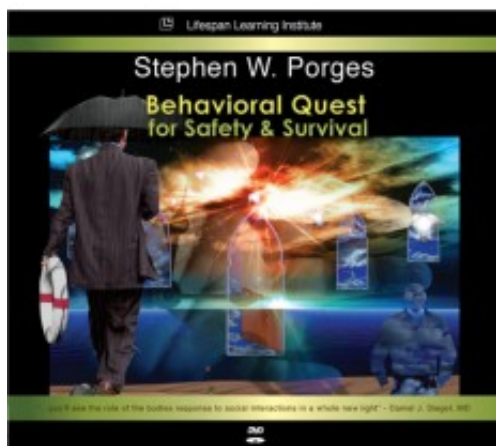


Behavioral Quest For Safety & Survival - Video



Price: \$39.00

Description

" Dr. Porges illustrates the strong relationship between the physiological state and behavior and explores the implications of the Polyvagal Theory and the Love Code for clinical practice. Illuminating how our nervous system influences and is influenced by our interactions with others. This program provides an understanding of the Polyvagal Theory - the neural mechanisms that mediate physiological states of safety (social engagement), mobilized defense (danger), and immobilized defense (life threat). Porges also discusses features of the Social Engagement System, revealing a face-heart connection, which enables social engagement behaviors and appropriate social support to promote mental and physical health."

Objectives

- Differentiate between regulatory strategies, such as auto-, self-, external, and interactive regulation.
- Identify particular arousal bias in individuals and couples.
- Apply at least three bottom-up methods for working with arousal dysregulation.
- Identify personality disorders, based on a two-axis level of attachment organization and arousal predilection.

Specification

Conference Recordings	
format	mp4 video
Presenter(s)	Stan Tatkin, PhD

Series	Annual IPNB
Time	63 minutes
Year	2014