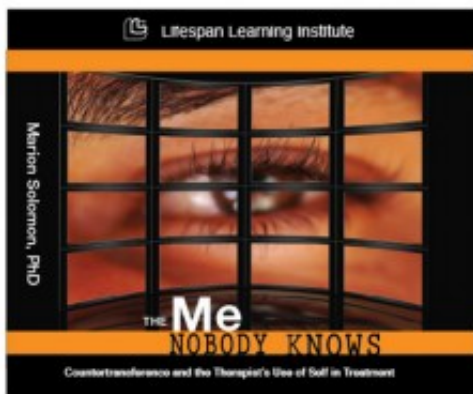


The Me Nobody Knows: Countertransference and the Therapist's Use of Self in Treatment



Price: \$10.00

Description

"Description The therapist must constantly shift focus of attention so that his/her personal reactions can be more readily accessed and processed. The processing of countertransference is vitally important, since the format of couples therapy seems to evoke specific and intense kinds of reactions that do not necessarily occur in individual psychotherapy.

This workshop focuses on the SELF of the therapist in sessions with individuals and couples. If the full range of the therapist's subjective experiences is considered clinically relevant, the therapist must become attuned to multiple sources of stimuli and plausible interpretations."

Objectives

After completion of this program you will be able to:

1. Distinguish the difference between intersubjectivity, the therapist's subjectivity, and totalistic countertransference.
2. Discuss importance of sensorimotor awareness in recognizing transference and transference in treatment.
3. Recognize appropriate and inappropriate times for therapeutic disclosure.

4. Describe how countertransference disclosure can get and keep individuals and couples engaged in the treatment.

Specification

Conference Recordings	
Presenter(s)	Marion Solomon, PhD
Time	101 minutes
Year	2008