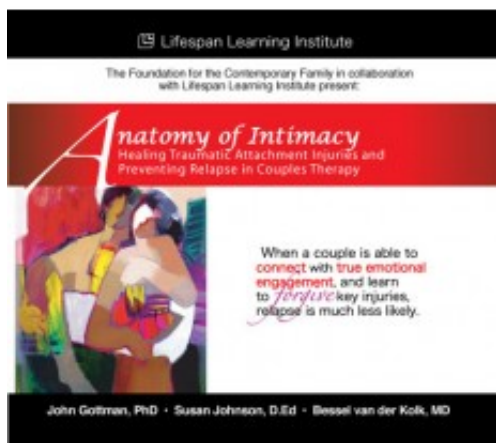


# Healing Traumatic Attachment Injuries and Preventing Relapse in Couples Therapy



**Price: \$65.00**

## Description

"Creating lasting change in couples therapy is a crucial clinical goal. Yet a significant relapse rate in couples therapy remains a serious problem affecting our field today. Trauma intensifies the need for secure attachments, yet often simultaneously, destroys one's ability to trust such bonds. This conference brings together key contributors to new insights about healing traumatic attachments and preventing relapse in couples therapy. These three distinguished clinician/researchers will offer stimulating presentations and dialogue from an attachment-focused, interpersonal, and neurobiological view of adult love -focusing on the issues of trauma and creating sustained change in couples therapy. Presenters will consider ways in which therapists can utilize current research developments to promote healthy connections between partners. {module [212]}"



## Objectives

Upon completion of the program listeners will be able to:

Identify the best predictors of success or failure in adult intimate relationships

Describe the most effective therapeutic interventions which help resolve trauma plus restore mastery and connections.

List key factors in preventing relapse and advancing lasting relationship change

Distinguish the difference between trauma and attachment injuries in couples relationships

Identify meta-emotion work with couples in preventing attachment injuries

Recognize powerful change events in couples therapy that foster secure attachment

### **CE Credit (optional)**

This program is eligible for up to 10 Hours of CE Credit. The following continuing education credit options are available for this program:

**Certified Counselors:** The Lifespan Learning Institute is an approved provider for the National Board of Certified Counselors. This program meets the qualifications for 10 hours of continuing education credits.

**Marriage and Family Therapists, Licensed Professional Clinical Counselors, Licensed Educational Psychologists & Licensed Clinical Social Workers:** Lifespan Learning Institute is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, & LEPs. Lifespan Learning Institute maintains responsibility for this program/course and its content. (provider # 050085)

**Psychologists:** Lifespan Learning Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Lifespan Learning Institute maintains responsibility for this program and its contents. The Ethical Principles of Psychologists will be upheld.

**Registered Nurses:** The Lifespan Learning Institute is approved by the California Board of Registered Nursing, provider # 3524. This program is approved for 10 contact hours.

**IMPORTANT NOTICE:** California Association of Marriage and Family Therapists, Board of Registered Nurses and IMQ/CMA are California accrediting organizations. It is the responsibility of participants licensed in other states to verify whether their Licensing Board will accept the CE Credit we offer.

### **Specification**

## Conference Recordings

CE Hours (optional)	10
Presenter(s)	John Gottman, Susan Johnson, Bessel van der Kolk
Series	Anatomy of Intimacy
Time	10
Year	2005