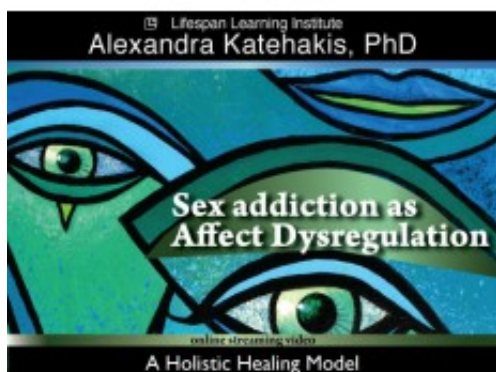


Sex Addiction as Affect Dysregulation: A Holistic Healing Model - Video



Price: \$39.00

Short Description

"Truly being known by another (lover or therapist) threatens to bring back the shame and self-loathing experienced in repeated losses of emotional attunement with their caregiver. These findings allow us to understand and treat sex addicts as regulation-impaired due to a fundamental attachment disorder.

Description

"Truly being known by another (lover or therapist) threatens to bring back the shame and self-loathing experienced in repeated losses of emotional attunement with their caregiver. These findings allow us to understand and treat sex addicts as regulation-impaired due to a fundamental attachment disorder. Katehakis presents a holistic model for healing that includes cognitive behavioral therapy (CBT) and affect regulation therapy (ART). She emphasizes the dyadic interaction between therapist and patient and the co-regulatory processes occurring that begin to increase the capacity for human relatedness and dissipate vulnerability for facing pain. {audio} Sex Addiction as Affect Dysregulation - A Holistic Healing Model

Specification

Conference Recordings	
Presenter(s)	Alex Katehakis, MFT
Series	Affect Regulation and the Healing of the Self
Time	52 minutes

Year	2014
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Product Gallery