

# Affect Regulation and Healing of the Self



**Price: \$90.00**

## Description

"In this recording of the 2014 Annual Interpersonal Neurobiology Conference full conference leading researchers and clinicians explore the groundbreaking integration of neuroscience, attachment theory and affect regulation. Celebrating 20 years of innovative work by Allan Schore, this year's conference presents remarkable insights on how the right hemisphere regulates emotion and processes our sense of self. Presentations span cutting edge lectures on neurobiologically-informed models of addiction, attachment, infant health, behavioral biology, trauma education, psychoanalysis, and individual, couple and body psychotherapies. This program was recorded at the 2014 Annual Interpersonal Neurobiology conference. Download only Preview audio samples of presentations included in this program: {module [226]}"

## Objectives

After completion of this program listeners will be able to:

Explain the interdisciplinary thinking underlying interpersonal neurobiology as related to addiction and treatment of addictive disorders

Discuss the use of interpersonal affective neurobiology in treating addiction.

Describe how interpersonal neurobiology can become a unifying framework for integrating a variety of disciplines that each have a different understanding of addictive illnesses.

Explain interrelated treatment approaches for addiction as related to new research outcome on short-term and long-term treatment options for addiction.

What drug and alcohol addiction treatment modalities best offer long-term, sustainable achievement of goals and objectives.

What are implications of research on new treatment models addressing challenges of clients who are overcoming sex addiction and Sex Affect regulation.

Discuss how integration can be seen as the basis of healthy regulation both internally and interpersonally.

Describe affective dysregulation as it occurs in the setting of distorted motivational systems. Then explain the effect it has on the patient-caregiver relationship.

Utilize readily available genealogical research techniques to gather factual information about the life-course histories of individuals and their recent ancestors.

Describe the nature of the Evolved Developmental Niche (EDN) in early life and explain how the EDN influences physiological and social-moral development.

Illustrate how early childhood stress influences moral functioning later in life.

Describe the new field of trans-species psychology. Explain the key concepts relating to non-human animal traumatology.

Discuss the implications of morality based decision making processes on client treatment and how does this inform our work with our clients.

Evaluate the association between significantly compromised attachment provision during early childhood with an increased risk for children to develop cognitive health issues in old age.

Describe the effects of mother-baby interactions on early brain development and attachment patterns as outlined in the work of Allan Schore.

Explain how developmental patterns in the mind, formed from earliest experience can inform our clinical practice.

Demonstrate the use of at least one bottom-up intervention when working with couples.

Identify at least three signs of arousal shift in a patient's face, voice, and body.

Describe the role of the body in affect regulation.

Explain how movement, posture and gesture reflect the implicit self.

### **CE Credit**

This program is eligible for 18 Hours of CE Credit. The following continuing education credit options are available for this program:

Marriage and Family Therapists, Licensed Professional Clinical Counselors, Licensed Educational Psychologists & Licensed Clinical Social Workers: Lifespan Learning Institute is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, & LEPs. Lifespan Learning Institute maintains responsibility for this program/course and its content. (provider # 050085)

Psychologists: Lifespan Learning Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Lifespan Learning Institute maintains responsibility for this program and its contents. The Ethical Principles of Psychologists will be upheld.

**IMPORTANT NOTICE:** California Association of Marriage and Family Therapists, Board of Registered Nurses and IMQ/CMA are California accrediting organizations. It is the responsibility of participants licensed in other states to verify whether their Licensing Board will accept the CE Credit we offer.

### **Specification**

Conference Recordings	
CE Hours (optional)	18 CE Hours
format	mp3 audio
Presenter(s)	Daniel Siegel, Drew Pinsky, Stan Tatkin, Alex Katehakis, Sir Richard Bowlby, Darcia Narvaez, Jennifer McIntosh, Phillip Bromberg, Margaret Wilkinson, Christopher Kennedy Lawford, Lou Cozolino, Allan Schore, Judith Schore
Series	IPNB
Time	18 hours
Year	2014

### **Product Gallery**



